

Becoming a Level One Instructor



About Level One Training

A teacher begins as a student. The best teachers know that they are always a student. They also understand the importance of listening to their students so that they can discover the best way to teach them.

The Level One Workbook will help you develop your listening muscles. These skills will serve as the foundation for each additional level. Developing a “Listening Mind” is the doorway to becoming a great teacher. When you have strengthened your listening mind to the point where it is an essential part of who you are, you will be well on your way to becoming a master teacher.

How to get Certified to Level One:

- Observe a variety of classes and complete your Level One Workbook
- Take the Level One written test
- When you pass, you will receive your certified Level One belt (white with a black stripe) and be eligible to start the Level Two Workbook if desired.

Enrollment: \$20 (covers *Level One Workbook, belt, and training*)

Instructor Levels Summary

- **Leadership** – attend monthly meetings for the purpose of personal growth and development
- **STORM** – assume a visible leadership role in their regularly scheduled classes (allows students to practice being leaders without committing extra time)
- **Level One** – observes classes to develop an understanding of class structures and the necessary qualities of a martial arts teacher
- **Level Two** – develop a “coach’s eye” and help students develop foundational skills
- **Level Three** – develop communication and teaching skills necessary to teach required curriculum to students
- **Level Four** – assumes a leadership role in classes and develops the capability to work with multiple groups and coordinate with other team members; qualified to lead a class start to finish, also eligible to be hired
- **Level Five** – developing all the professional skills and abilities necessary to be a full time, professional martial arts teacher; includes learning administrative operations, student management, client service, and basic entrepreneurial skills